

○ MUSIC  city COUNSELOR

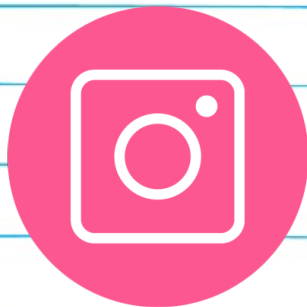
THANK YOU FOR YOUR
PURCHASE!



Hey y'all, Laura here! I so appreciate when you please take a moment to leave a review on my resources on my TpT Store. Thanks for your support! Enjoy the resource!

♥ *laura oathout*

LET'S CONNECT!



For helpful ideas, engaging resources, and freebies, please check out my website and membership!

○ ♥ **WEBSITE:** www.musiccitycounselor.com

♥ **MEMBERSHIP:** www.counselorcollab.com

ASCA MINDSETS & BEHAVIORS:

Category 1: Mindset Standards

- M1: Belief in development of whole self, including a healthy balance of mental, social-emotional, and physical well-being
- M2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment

Category 2: Behavior Standards

- B-SS 2: Positive, respectful, and supportive relationship with students who are similar to and different from them
- B-SS 4: Empathy
- B-SS 5: Ethical decision-making and social responsibility
- B-SS 6: Effective collaboration and cooperation skills

DIRECTIONS PAGE I:

This lesson will take approximately 45 minutes to teach.

Recommended Sequence:

1. Review the PowerPoint or digital for Google Slides™ presentation with students.
2. Review the empathy posters with students and display them in your space.
3. Play the "in their shoes" interactive activity.
4. Complete a worksheet or coloring page of your choice.

Presentation:

Both a PowerPoint and digital for Google Slides™ presentation are included. This presentation teaches students all about empathy. Students learn the definitions of empathy and perspective-taking. Then, they learn 3 reasons why empathy is important. Next, there are 8 scenario examples that ask students to put themselves in another child's shoes and imagine how they would feel in that situation. Students can "turn and talk" with a neighbor about each scenario, then share out their responses with the class. The presentation closes with a discussion question that asks students to "turn and talk" with a partner about how they can be more empathetic.

Posters:

4 instructional posters are included. Feel free to use these in instruction and display them in your space!

DIRECTIONS PAGE 2:

"In Their Shoes" Interactive Activity:

There are many ways to use this activity, but I will share the method

I have found works best! First, print several of the shoes posters (colors don't matter, they're just for fun!) and the scenario cards (full color and black line are included). Please cut out the scenario cards.

Then, place each shoes poster on the floor in a different spot around the classroom (so they're each their own "station" or "center" students can rotate around to). Place a scenario card next to each poster on the floor. Assign 2-3 students to each station. Ask them to read the scenario card, then "put themselves in the shoes" of the person on the scenario card. They can take turns stepping on the shoes on the poster and imagining how they would feel if they were the child in the scenario card. Students can share how they would feel with their little mini group. Then, sound a chime to alert students to rotate to the next poster. They can continue playing until they have visited every poster. If you have time, change out the scenario cards and play again with different scenarios. Please see the sample on the next page.

Worksheets & Coloring Pages:

Assorted worksheets and coloring pages are included. Please choose those that best fit the needs and abilities of your students.

Questions, comments, or suggestions? Please contact me any time at laura@musiccitycounselor.com. I'm here to help! ☺

PS I SO appreciate when you please take a moment to review my resources on my TpT store. It earns you credits towards future purchases, helps other educators find quality materials, and helps my small business grow!

SAMPLE ACTIVITY:

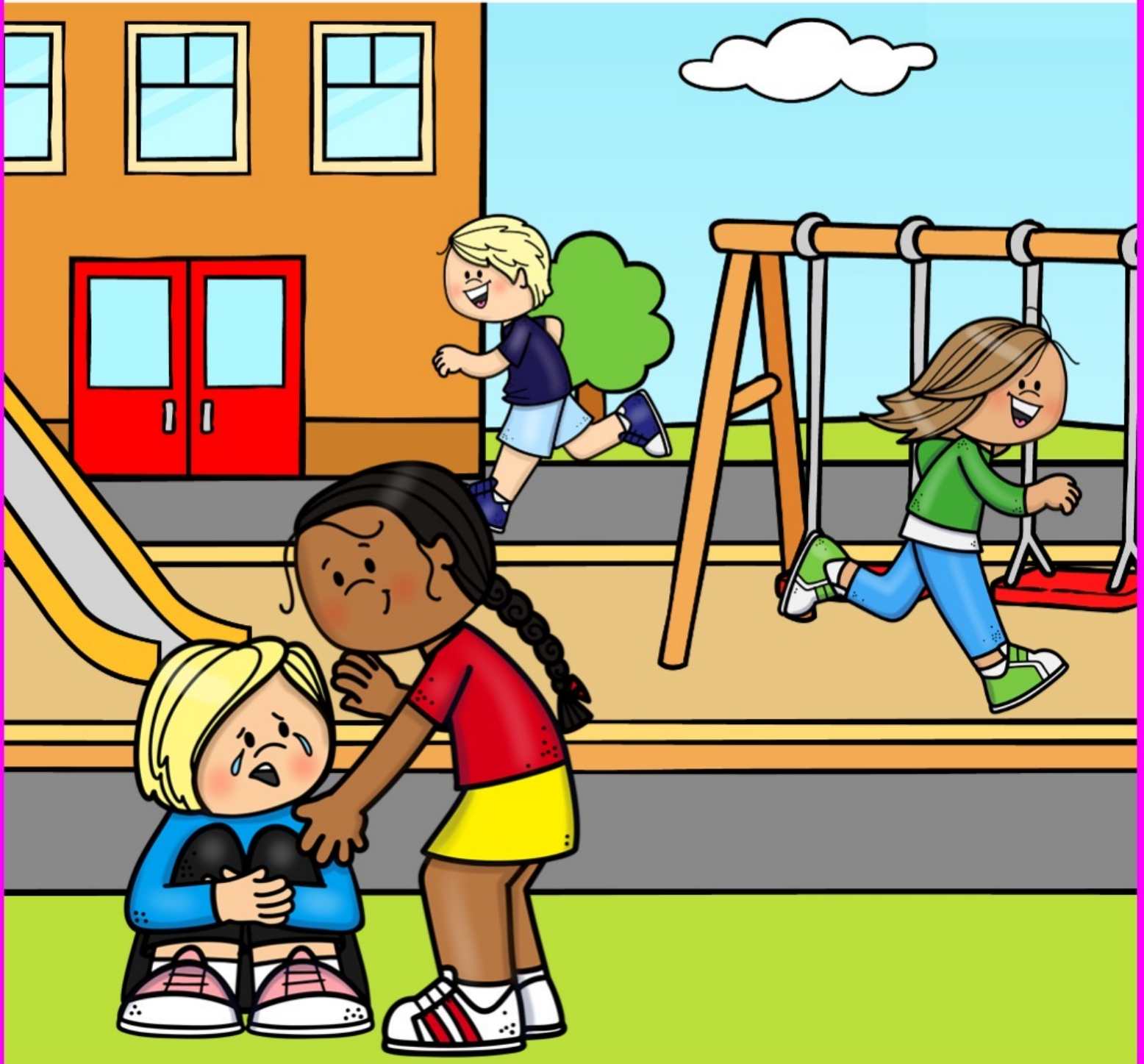


POSTERS

EMPATHY



Caring and understanding how someone else feels.



EMPATHY



Putting ourselves in someone else's shoes and imagining what they may be thinking and feeling.



PERSPECTIVE- TAKING



Seeing a situation through someone else's eyes to understand what they may be thinking and feeling.



EMPATHY



is important because:



It helps us be better friends.



It makes people feel seen and included.



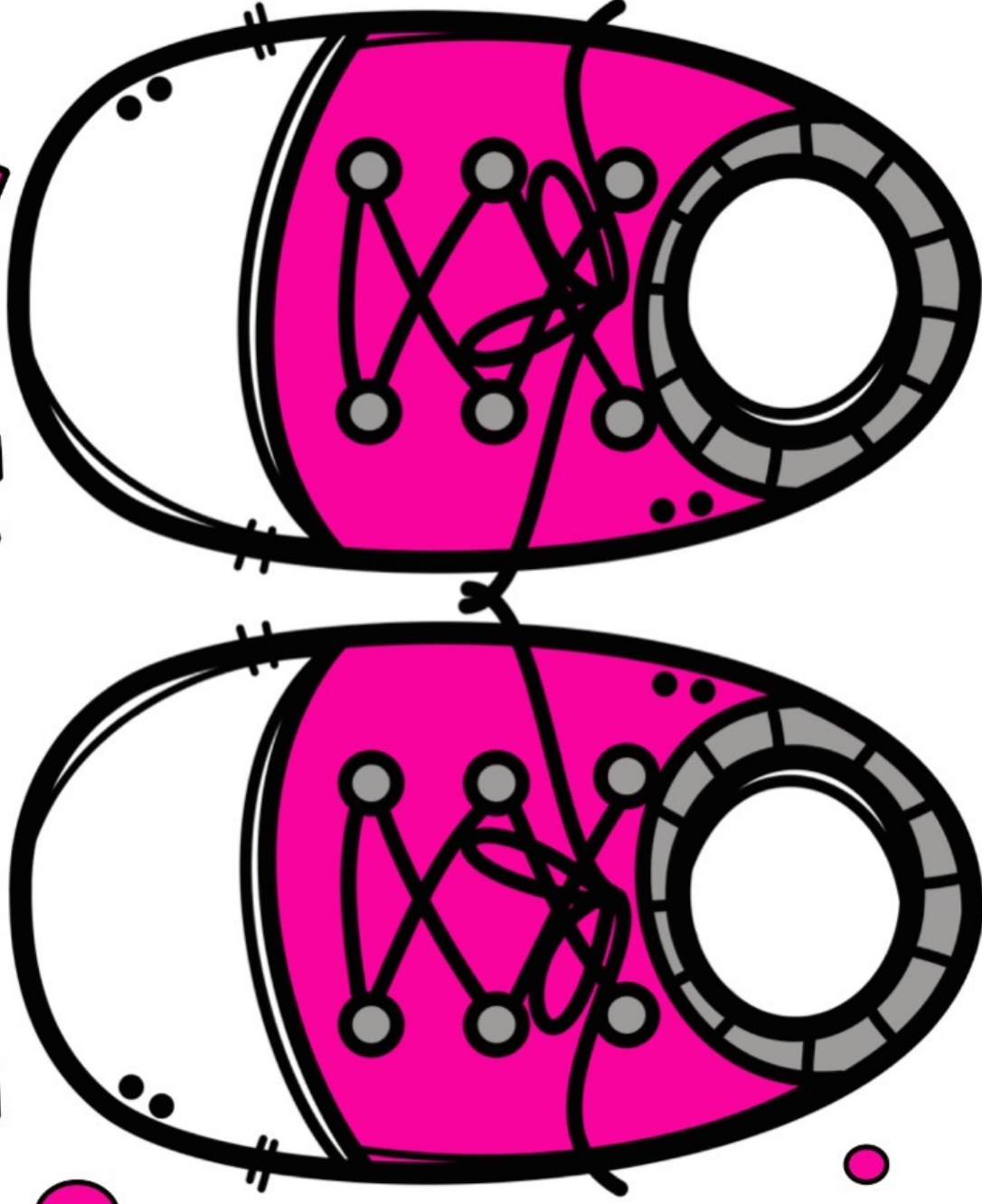
It helps us solve problems with a kinder heart.



SHOES

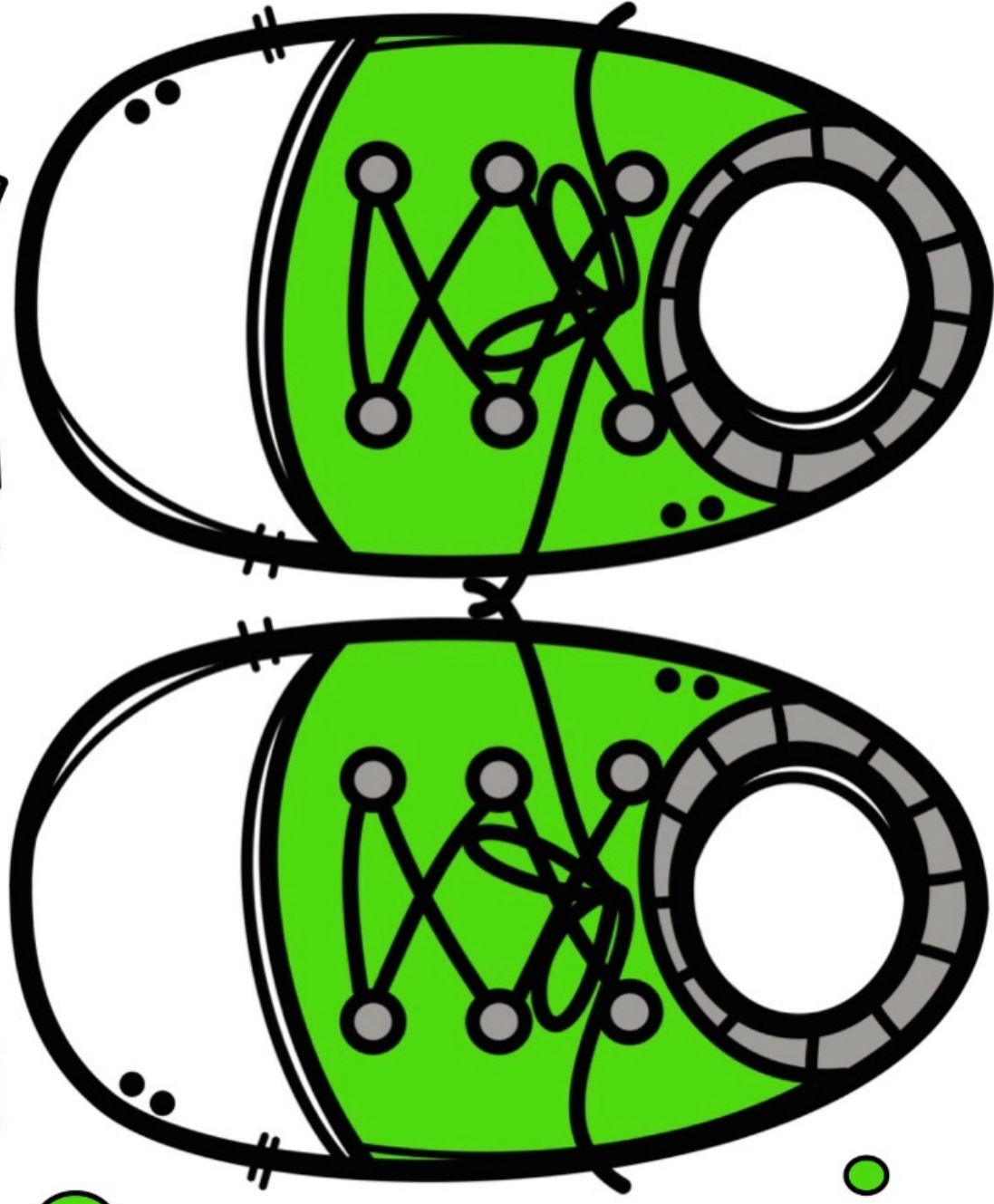
POSTERS

EMPATHY



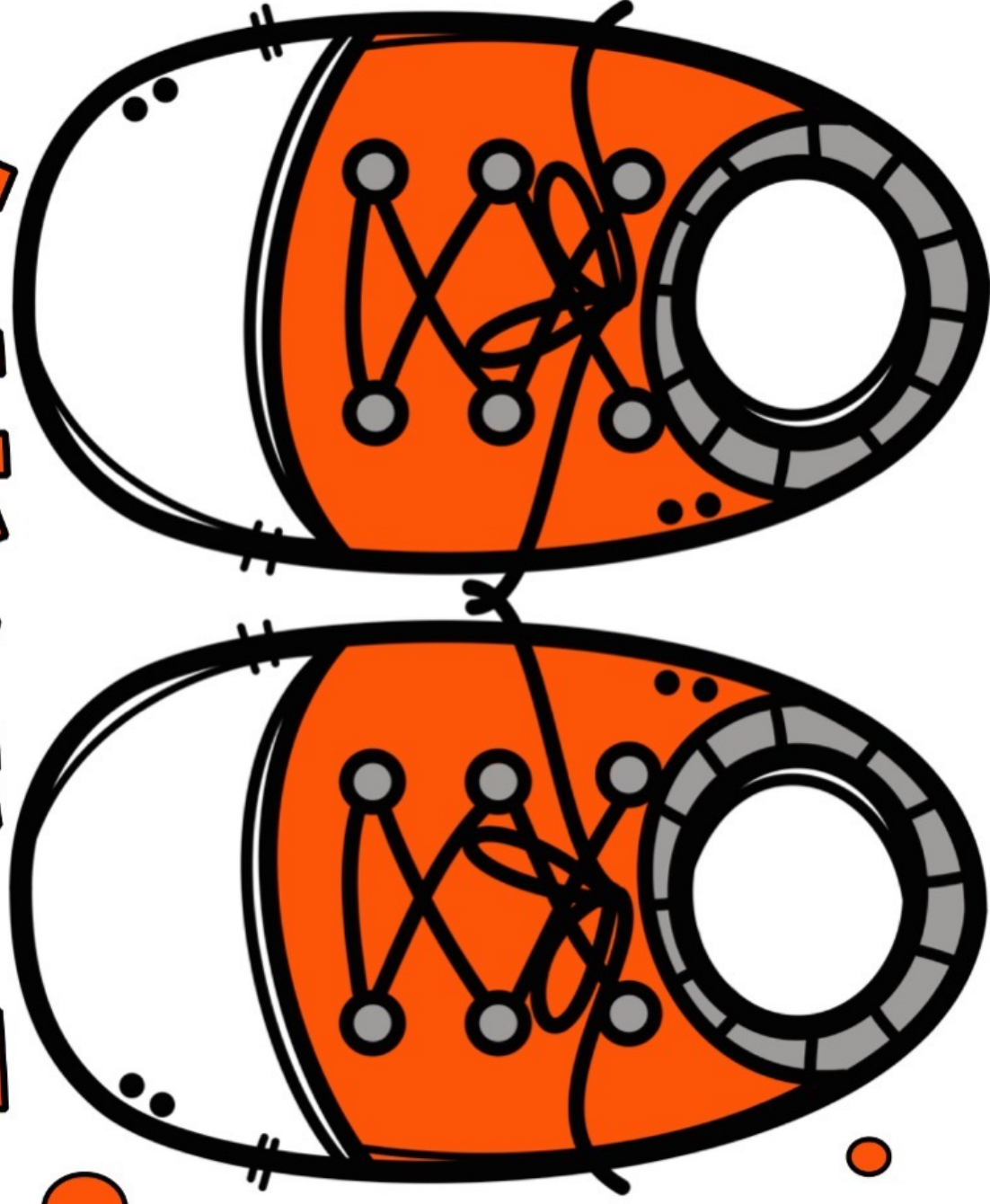
PUT YOURSELF IN THEIR SHOES

EMPATHY



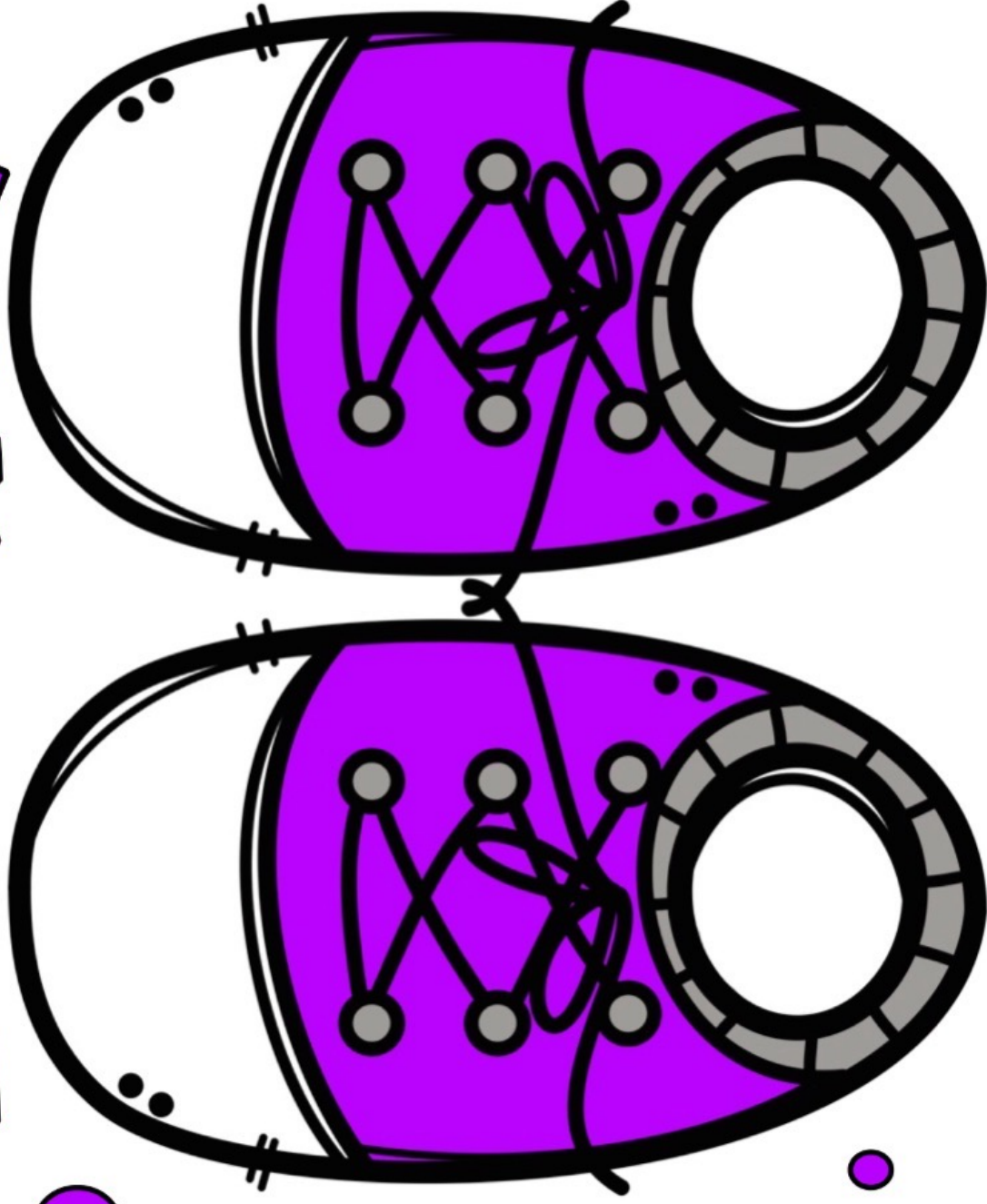
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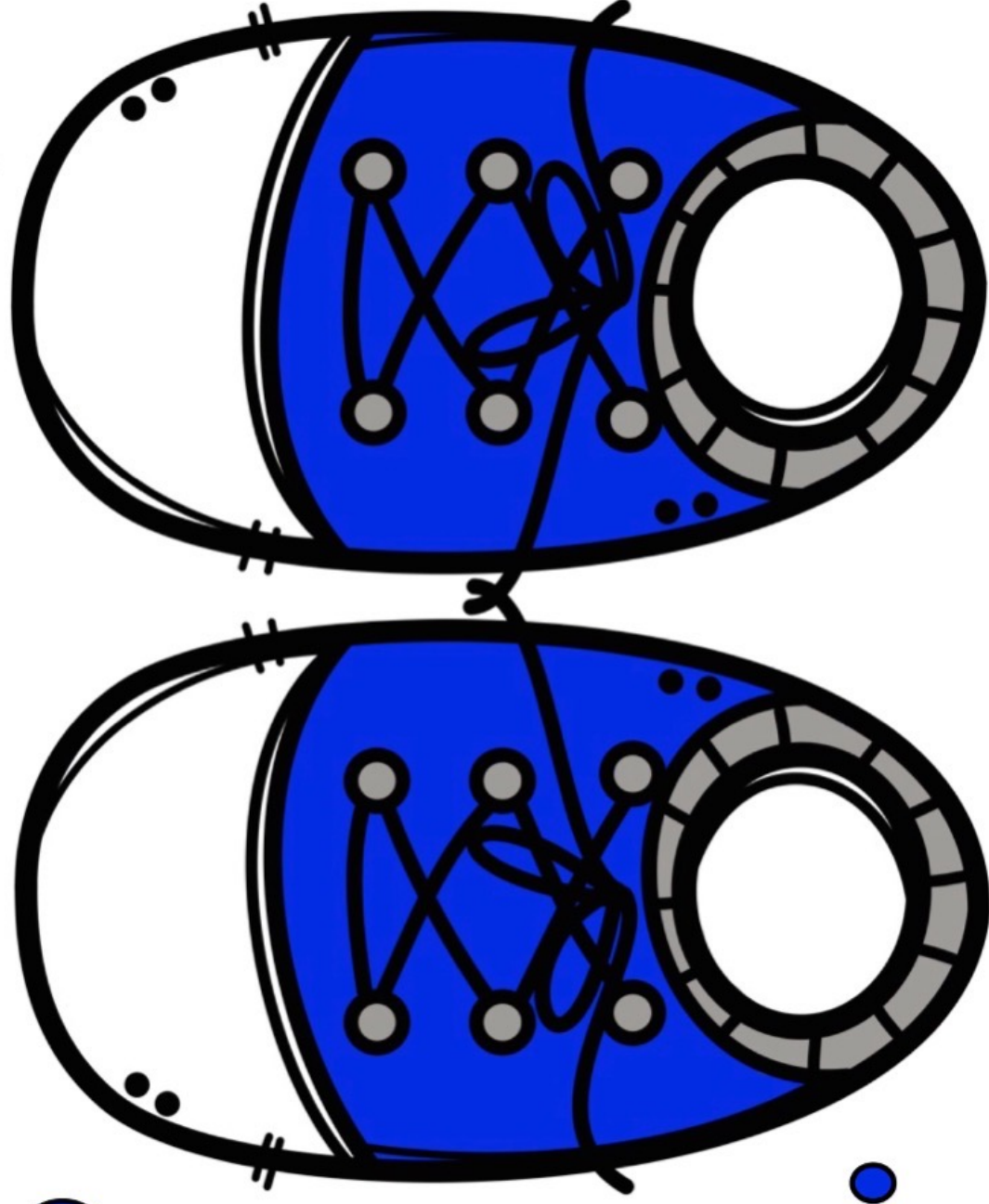
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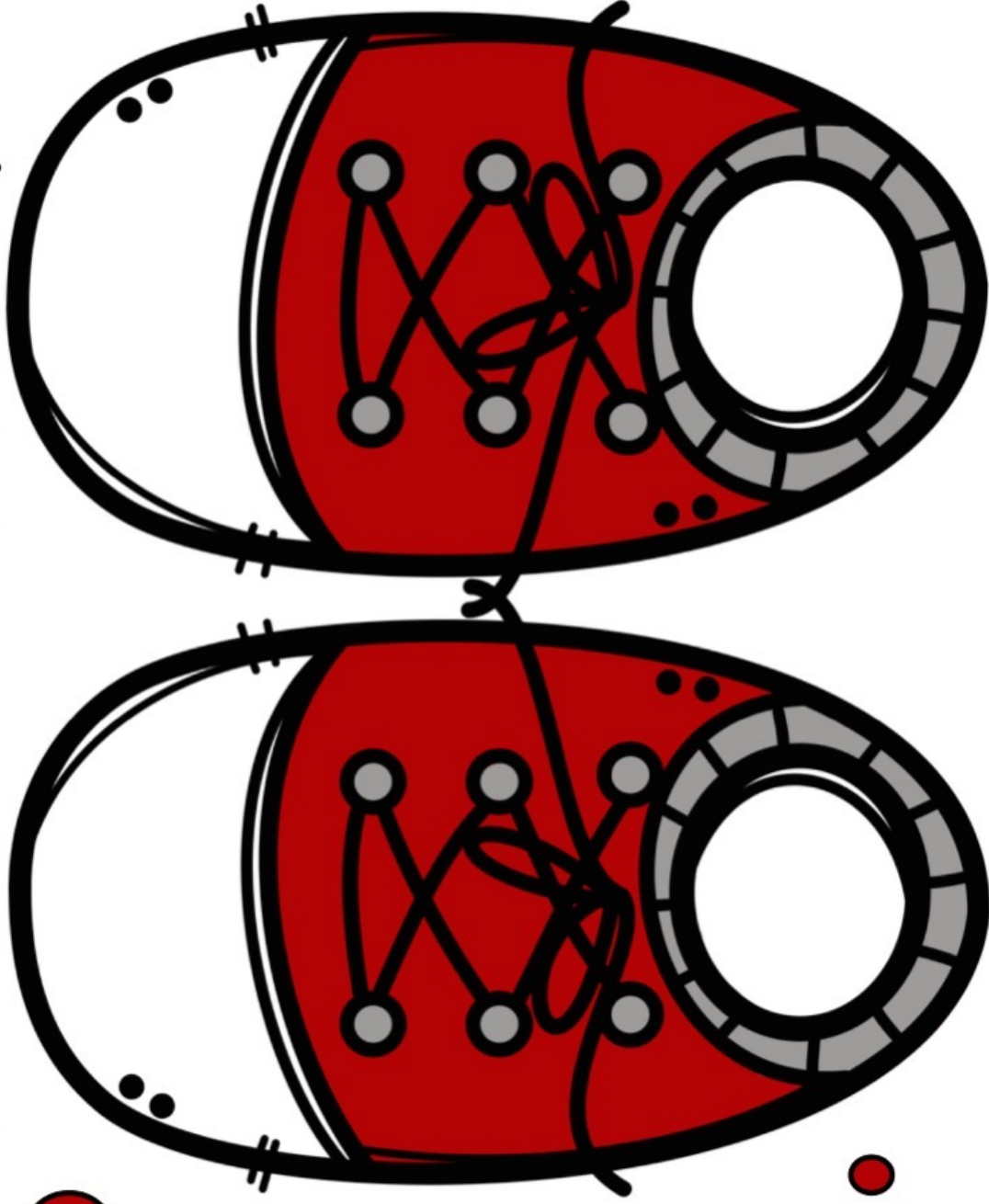
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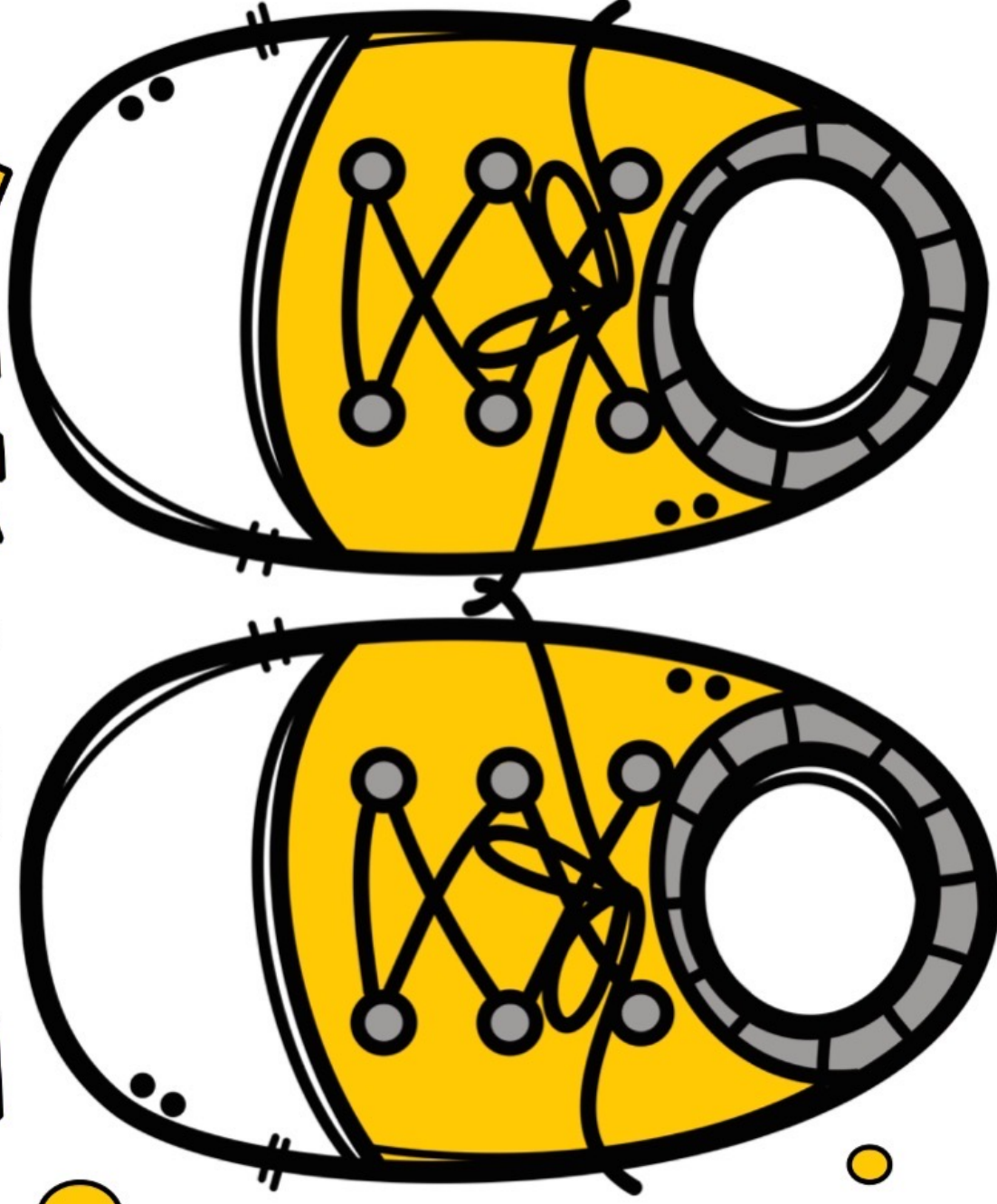
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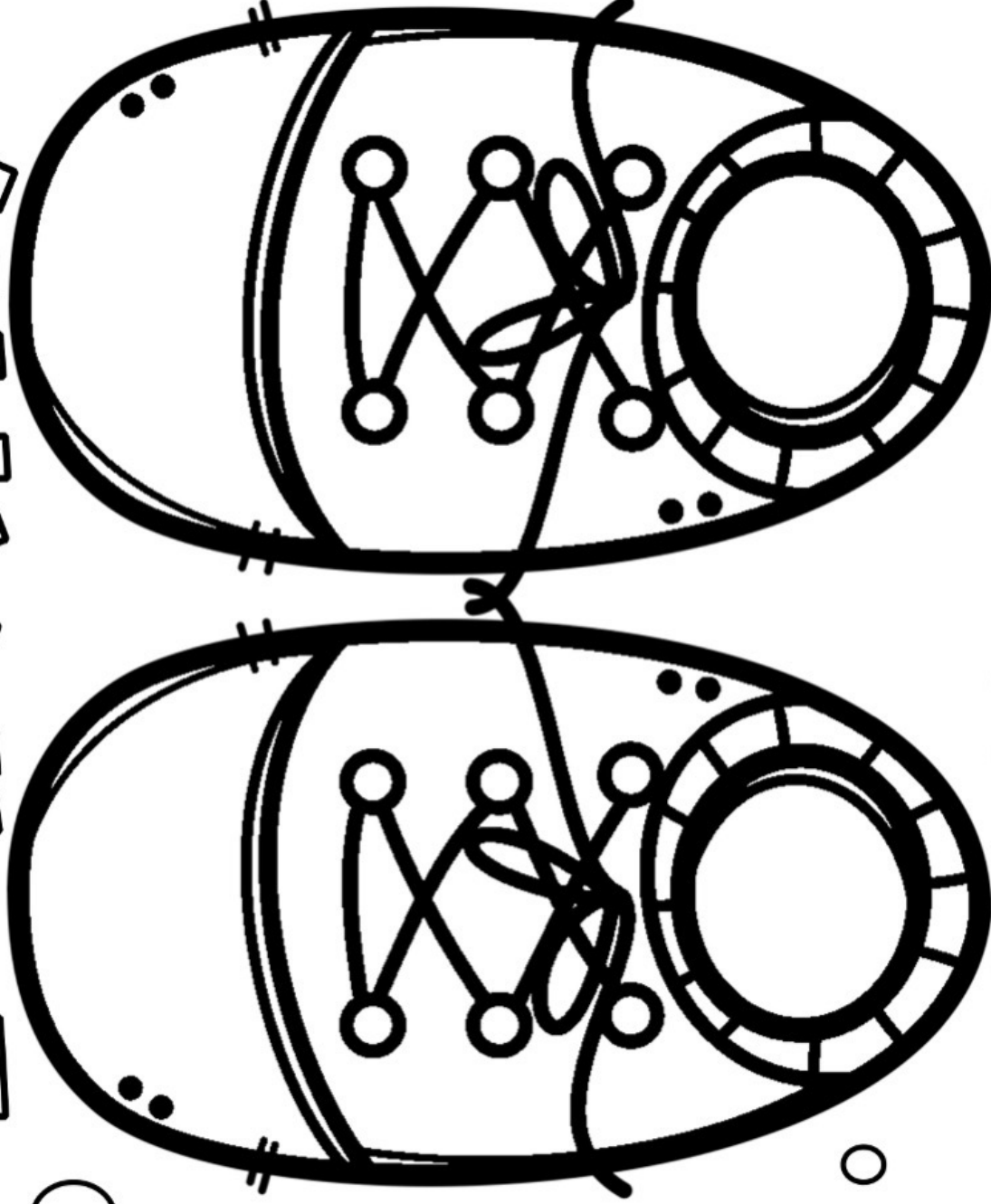
PUT YOURSELF IN THEIR SHOES

EMPATHY



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EMPATHY



PUT YOURSELF IN THEIR SHOES

SCENARIO CARDS

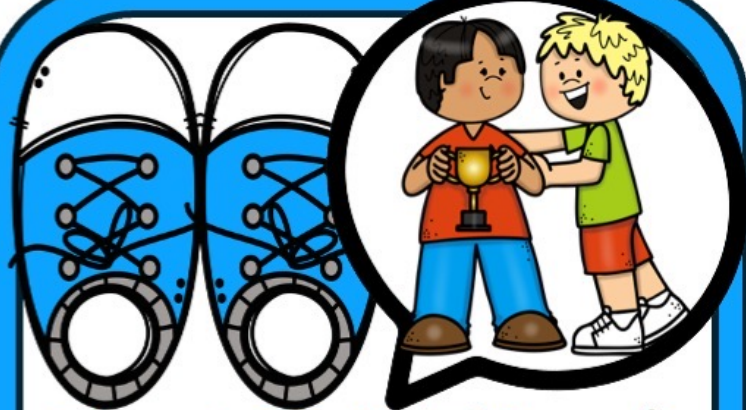


EMPATHY

IN RICKI'S SHOES

Ricki's goldfish died last night. It was his special pet.

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EMPATHY

IN CARL'S SHOES

Carl really wanted the trophy, but Marshall won it.

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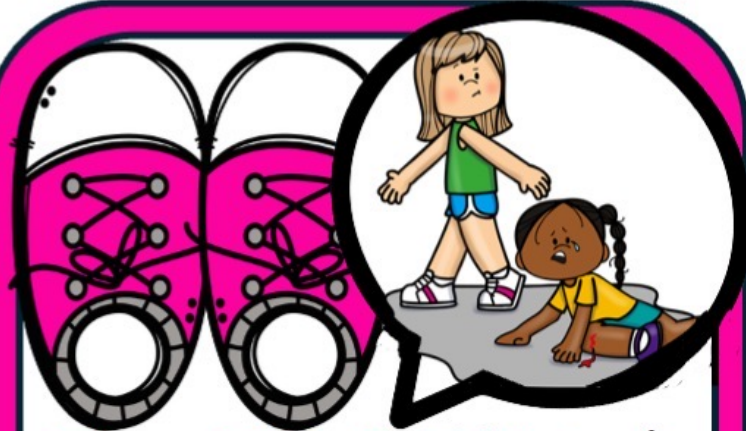


EMPATHY

IN JORGE'S SHOES

Jorge fell off the monkey bars at recess.

© Music City Counselor



EMPATHY

IN JA'KYA'S SHOES

Ja'Kya fell at the bus stop. Mariam didn't help her.

© Music City Counselor



EMPATHY

IN MARCO'S SHOES

On Marco's first day, Mikey asked him to play.

© Music City Counselor



EMPATHY

IN BETH'S SHOES

Beth's classmates didn't include her in the game.

© Music City Counselor



EMPATHY

IN MCKAY'S SHOES

Jessie brought flowers for McKay as an apology.

© Music City Counselor



EMPATHY

IN FINN'S SHOES

Finn's backpack broke on the way to school.

© Music City Counselor



EMPATHY

IN JOHNNY'S SHOES

Evan laughed when
Johnny spilled his
water at lunch.

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EMPATHY

IN LOUISA'S SHOES

Keisha held the
door open for
Louisa.

© Music City Counselor



EMPATHY

IN SARAH'S SHOES

Sam complimented
Sarah on her new
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IN CARSON'S SHOES

Carson misses his
grandpa who lives
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Henry's dog is very sick. He may not ever get better.

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IN CARLA'S SHOES

Carla's parents are going through a divorce.

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EMPATHY

IN MARTHA'S SHOES

Martha's family is moving to a new house.

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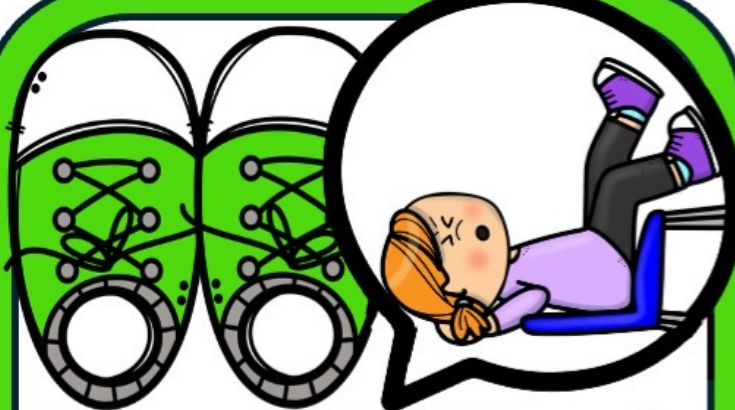


EMPATHY

IN MARIO'S SHOES

It's Mario's first day at a new school.

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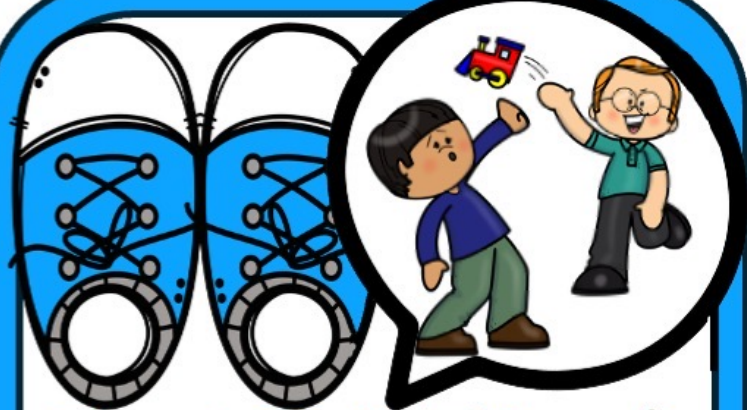


EMPATHY

IN BRIE'S SHOES

Brie fell off her
chair in the
lunchroom.

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IN ROCCO'S SHOES

Jonathan threw his
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EMPATHY

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Katie pushed
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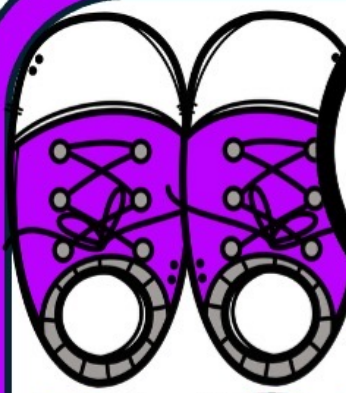


EMPATHY

IN MATEO'S SHOES

Evelyn sat next to
Mateo and threw
food at lunch.

© Music City Counselor



EMPATHY

IN HALEY'S SHOES

Cara wouldn't share the ball with Haley at recess.

© Music City Counselor



EMPATHY

IN JASON'S SHOES

Lincoln knocked over Jason's block tower.

© Music City Counselor



EMPATHY

IN CAL'S SHOES

Reid ran into Cal and knocked him down.

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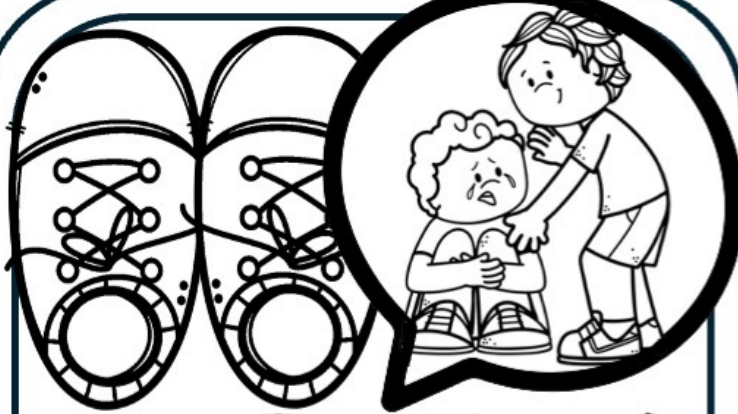


EMPATHY

IN JUAN'S SHOES

Juan slept through his alarm and was late to school.

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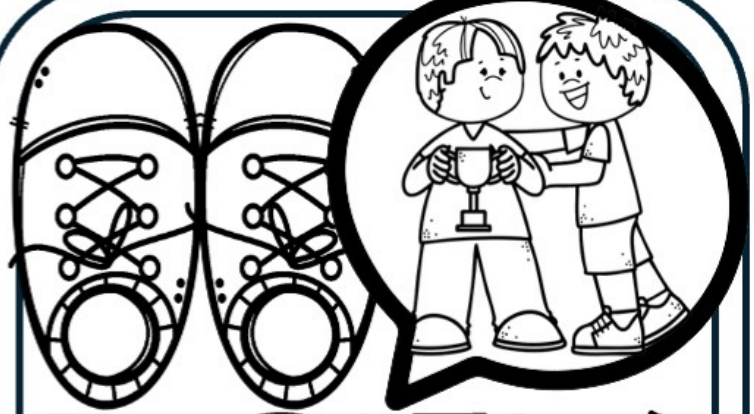


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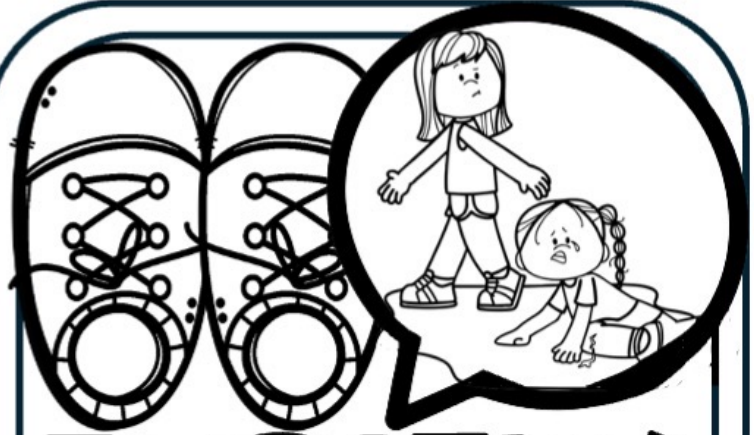


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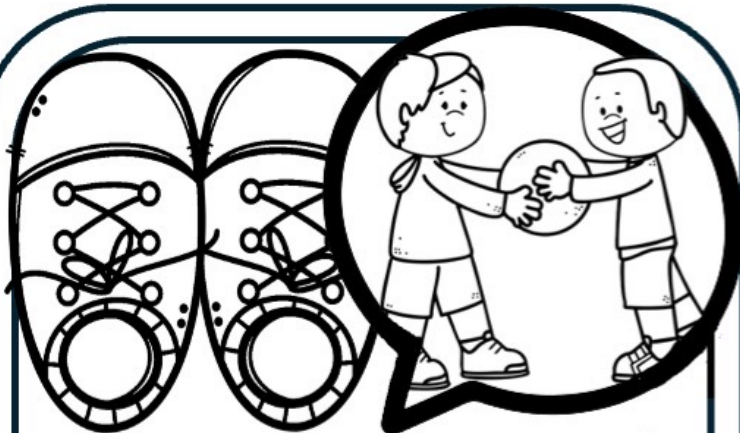


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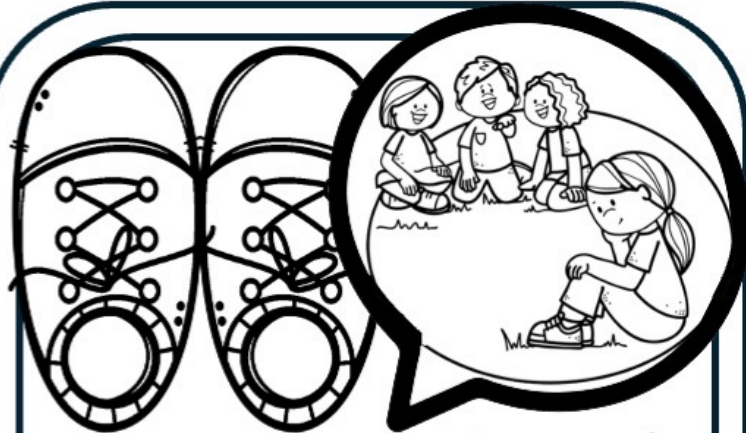


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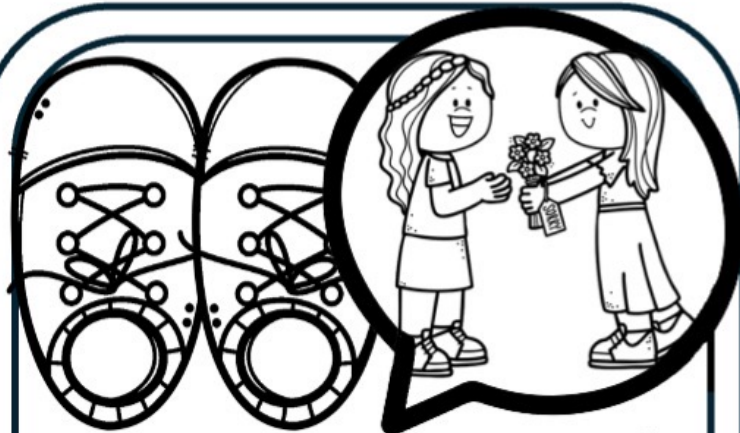


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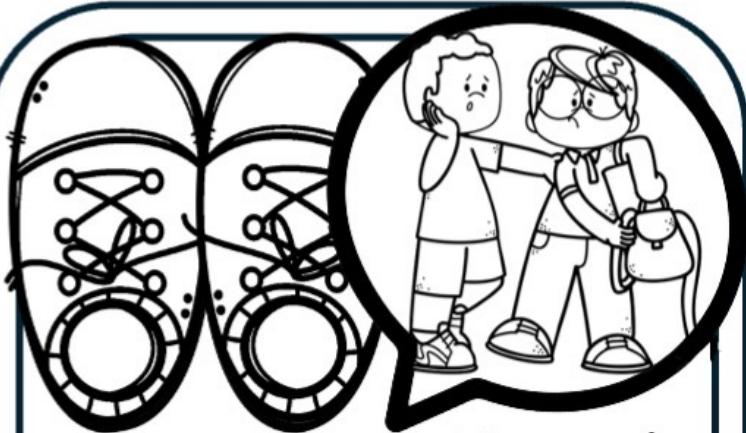


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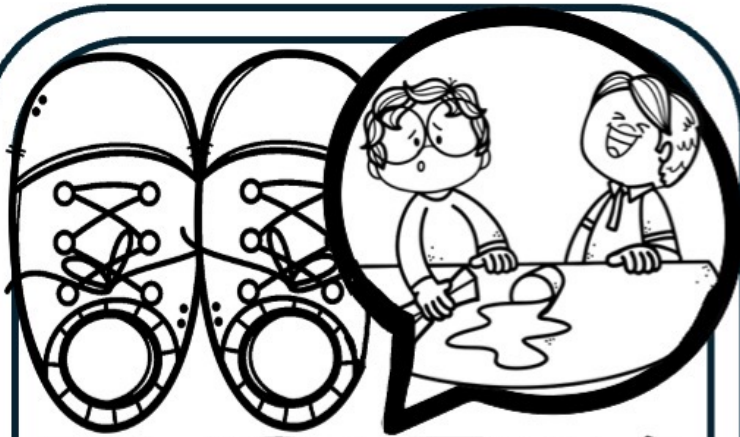


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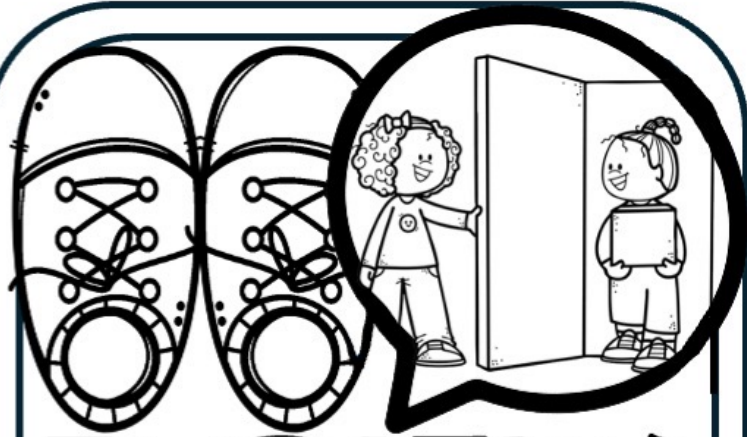


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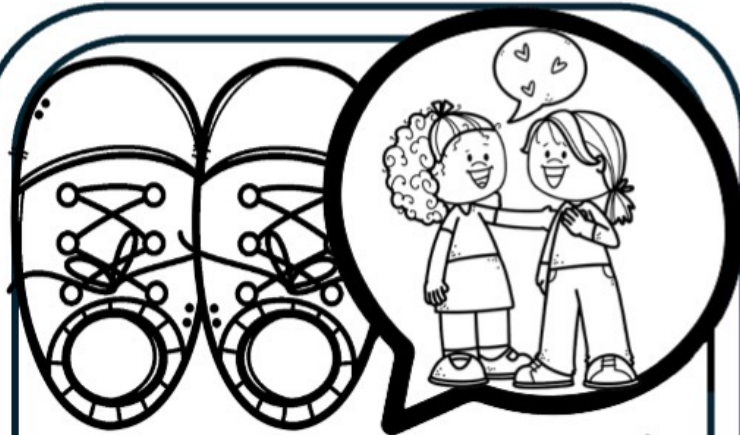


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Keisha held the
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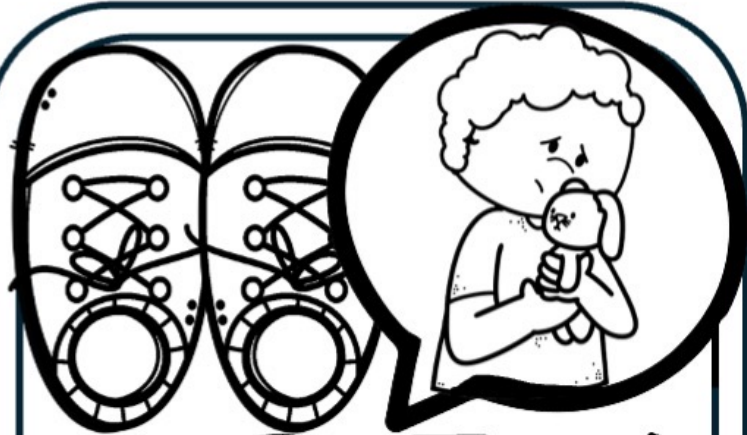


EMPATHY

IN SARAH'S SHOES

Sam complimented
Sarah on her new
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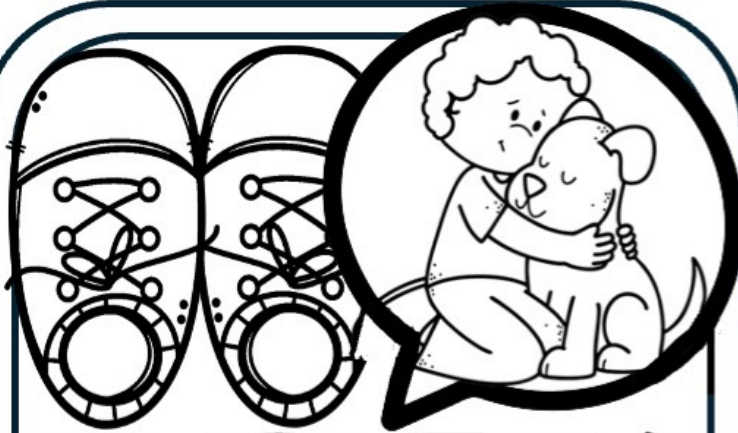


EMPATHY

IN CARSON'S SHOES

Carson misses his
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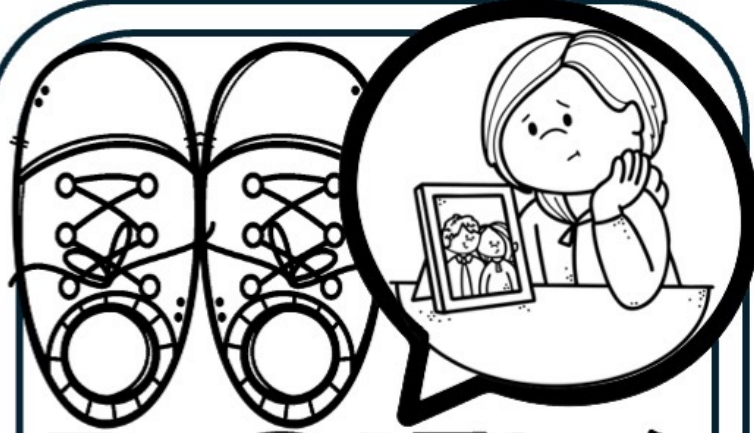


EMPATHY

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IN CARLA'S SHOES

Carla's parents are going through a divorce.

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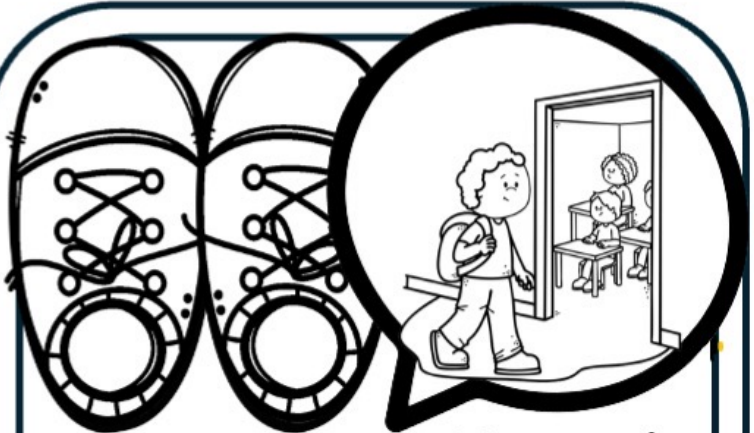


EMPATHY

IN MARTHA'S SHOES

Martha's family is moving to a new house.

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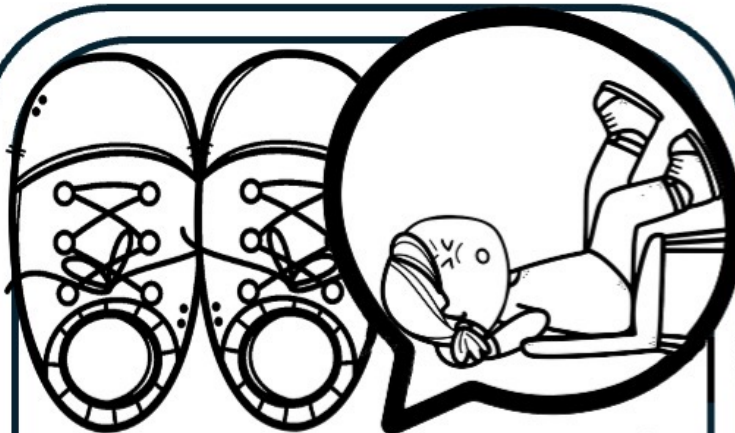


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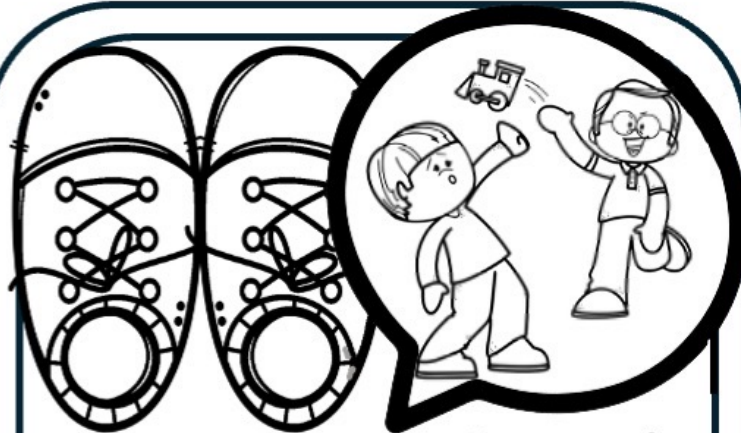


EMPATHY

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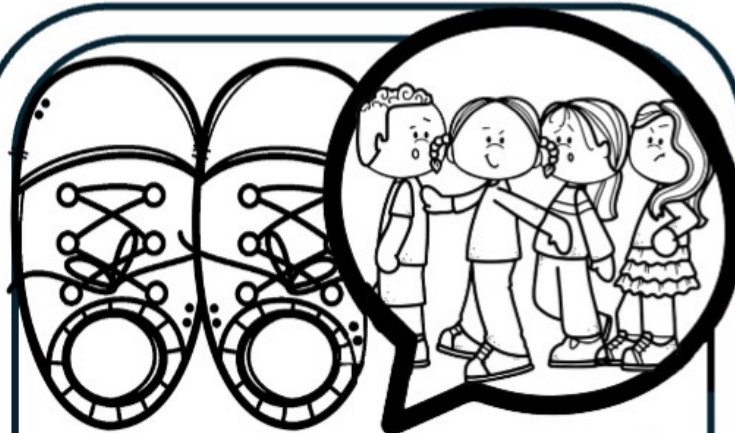


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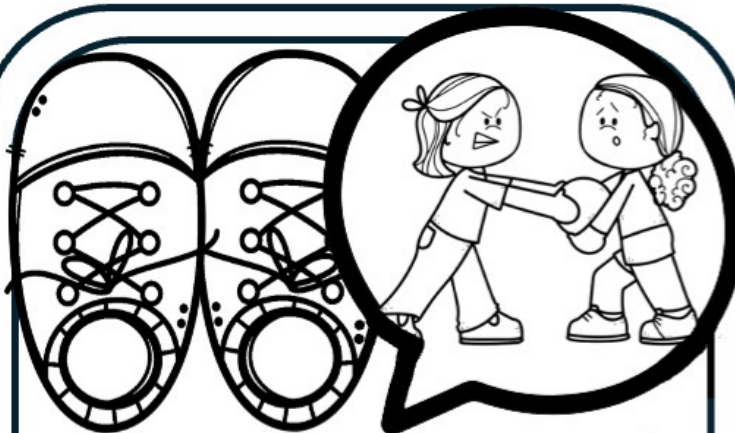


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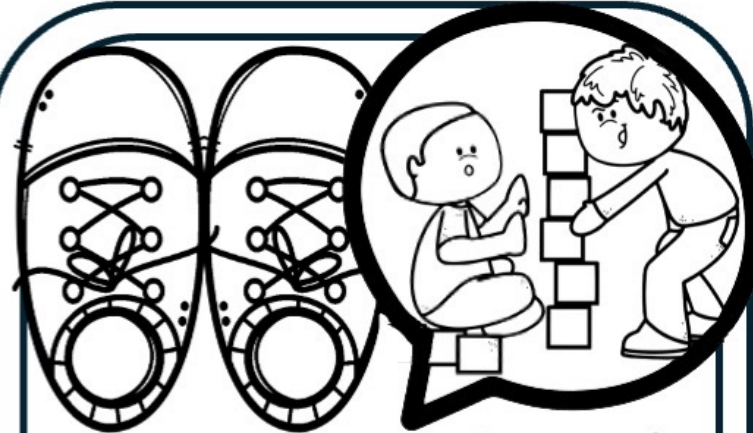


EMPATHY

IN HALEY'S SHOES

Cara wouldn't
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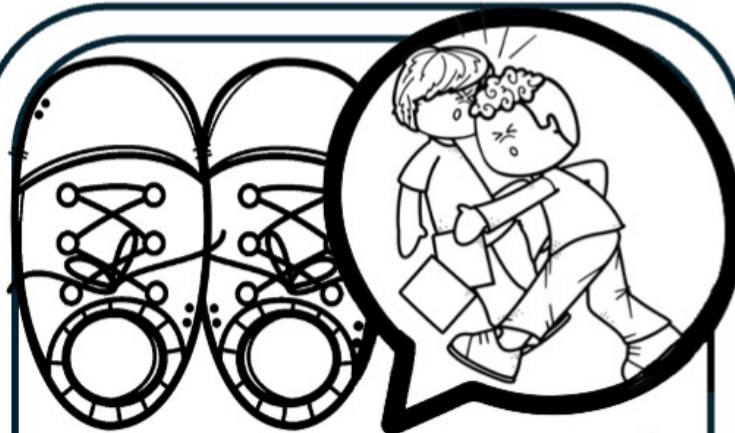


EMPATHY

IN JASON'S SHOES

Lincoln knocked
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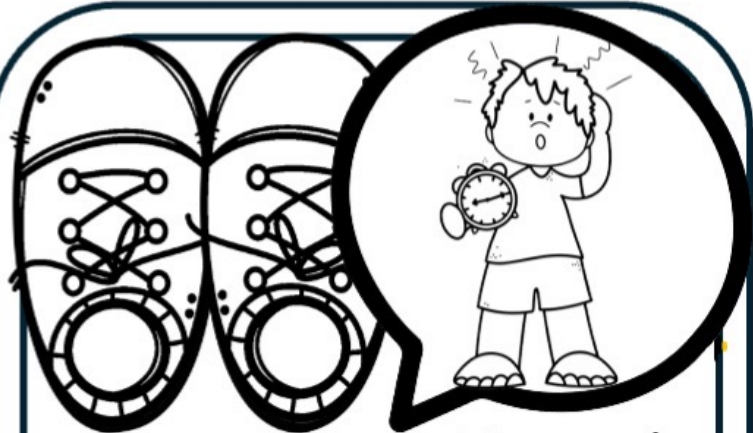


EMPATHY

IN CAL'S SHOES

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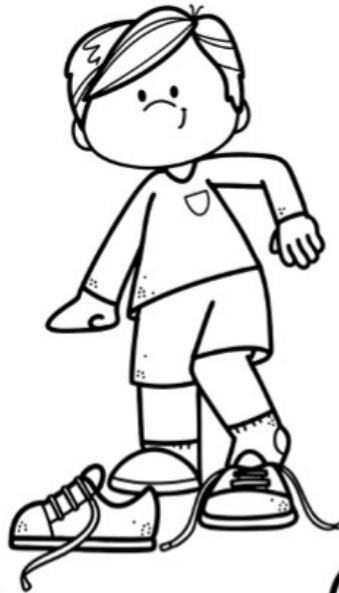
WORKSHEETS & COLORING PAGES

Name: _____

EMPATHY



Color the friends that are being empathetic.



Name: _____

EMPATHY



What does empathy mean to you?

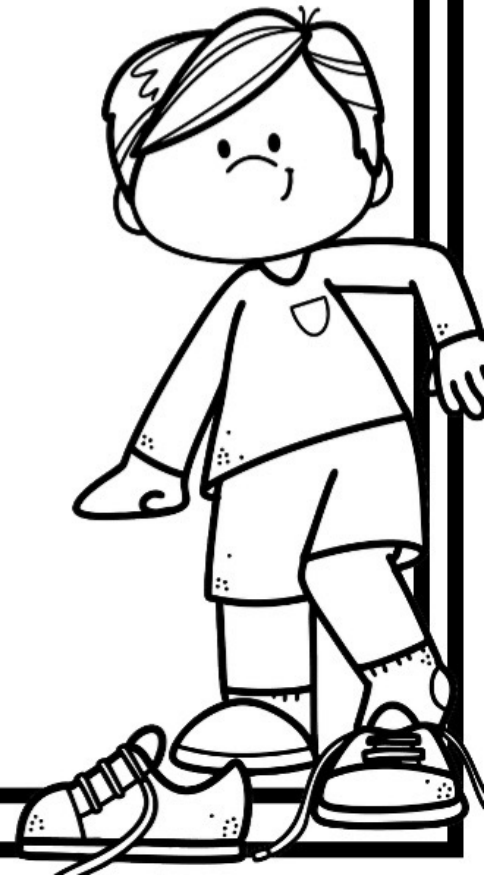


Name: _____

EMPATHY



What does empathy mean to you?

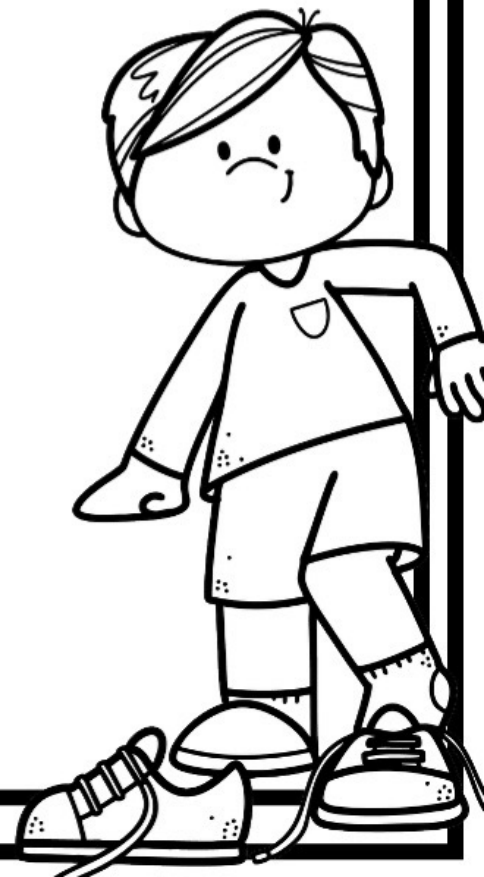


Name: _____

EMPATHY



What does it mean to put yourself in
someone else's shoes?



Name: _____

EMPATHY



What does it mean to put yourself in
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Name: _____

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EMPATHY



Name: _____

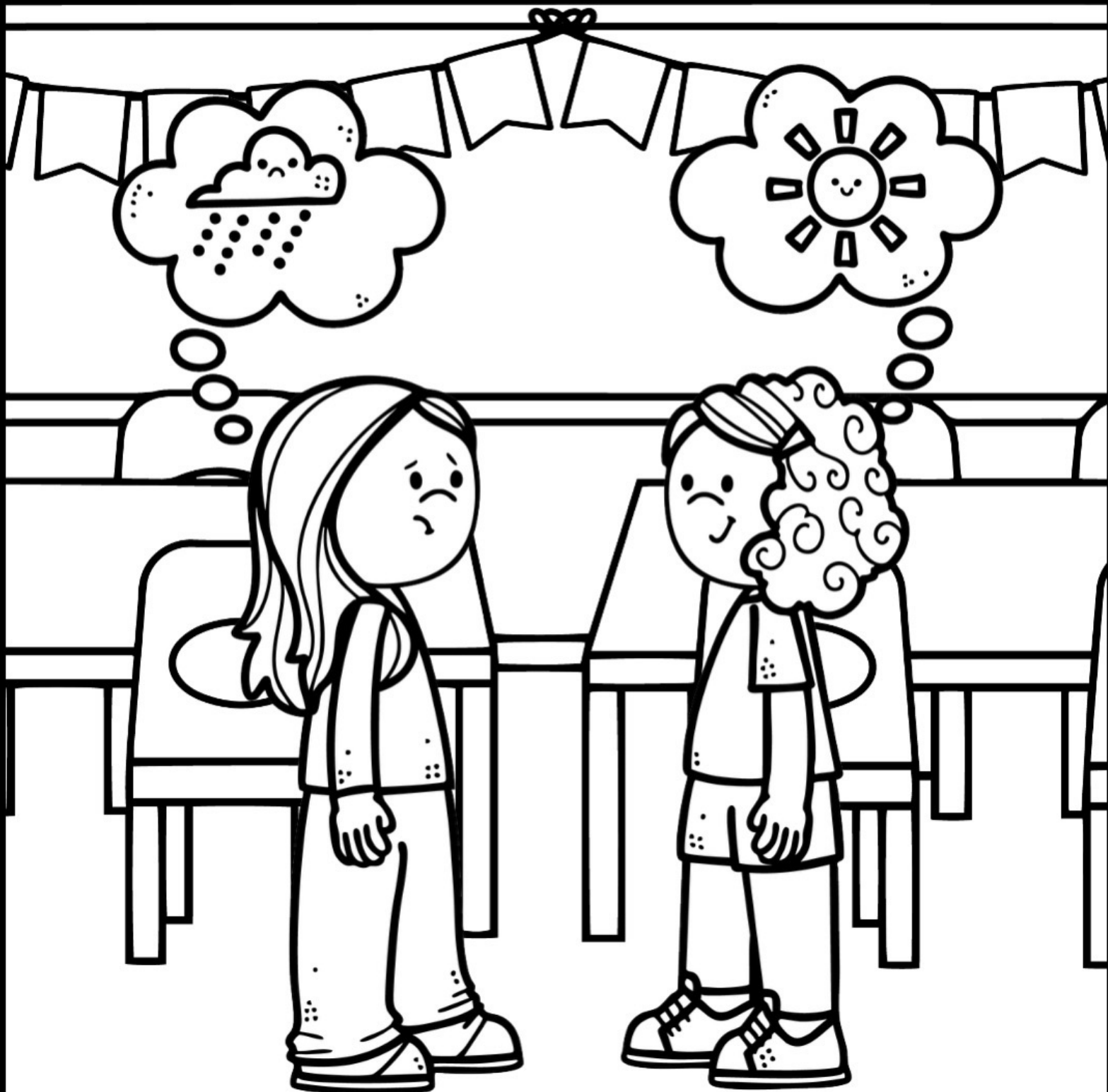
EMPATHY



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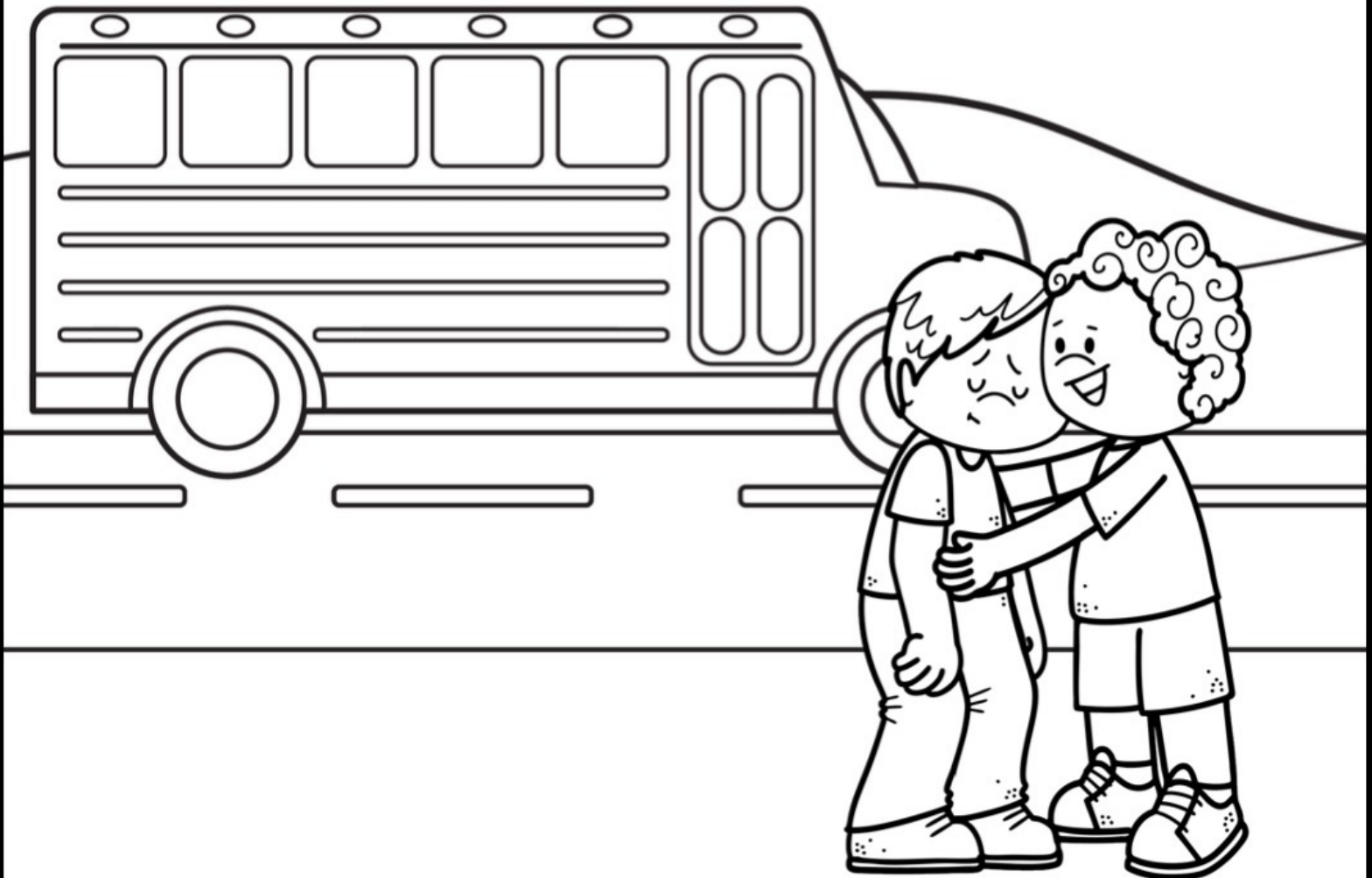
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EMPATHY



Name: _____

EMPATHY



Name: _____

EMPATHY



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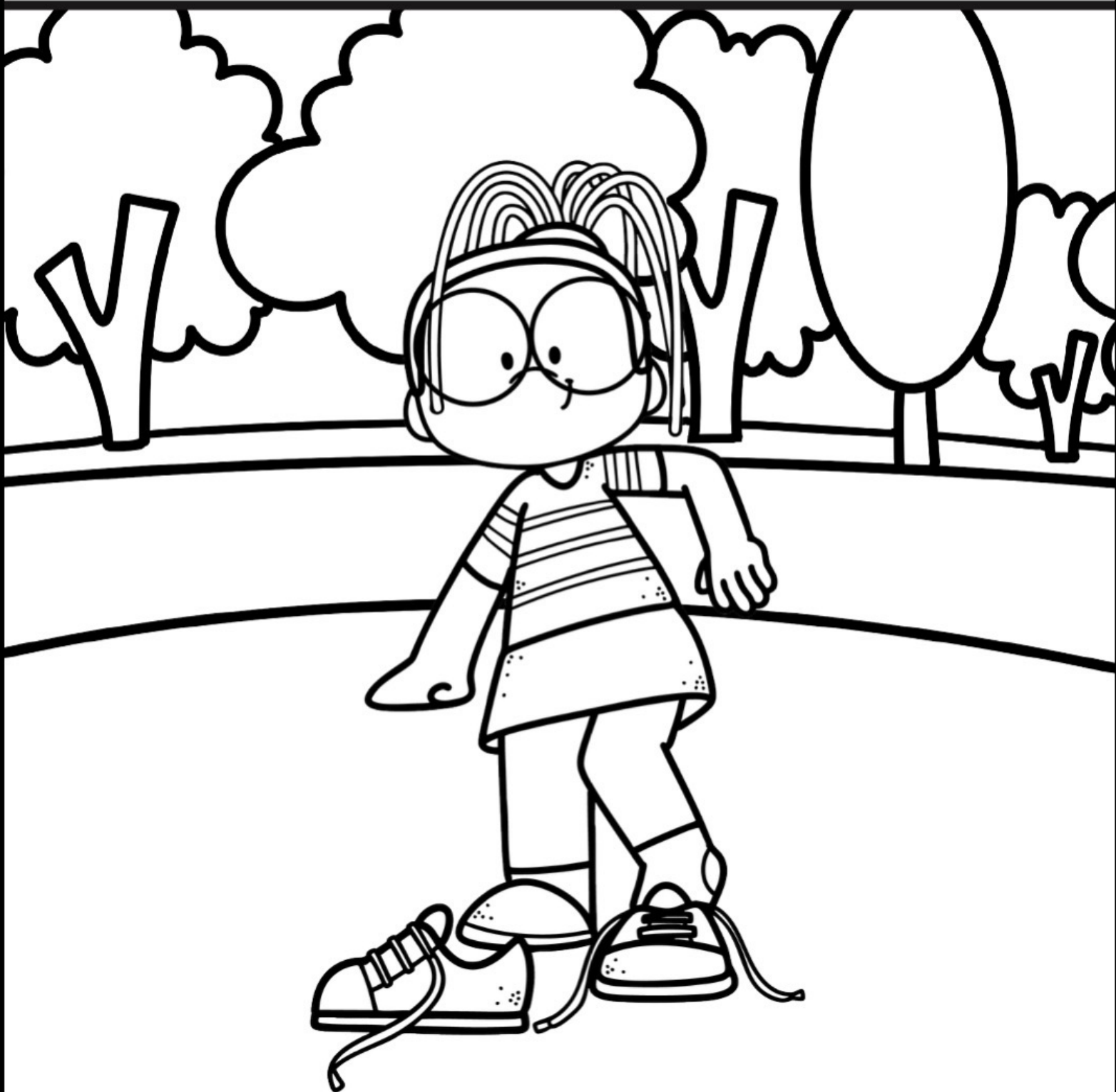
EMPATHY



Name: _____

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EMPATHY



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Please contact me any time at laura@musiccitycounselor.com with questions, suggestions, resource requests, or comments. I'm here to help and would love to hear from you!

♥ Laura Oathout

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